

# BOUDOIR

A BOUDOIR (/ˈbuːd.wɑːr/; French: [bu.dwaʁ]) is a lady's private bedroom, sitting or dressing room | Fall 2023 | Vol.14



**Sexy Little Timeline** How to Prep for Your Session | **Location, Location, Location** Finding the Perfect Vibe  
**Less is More** What to Wear on the Day of Your Session | **Strike a Pose** Your Most Flattering Looks

## DANA KAE

PORTRAITS, BOUDOIR, & LIFESTYLE

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## HELLO GORGEOUS

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**W**elcome to the one of the most wonderful and empowering experiences you'll enjoy as a human: taking time, just for you, to perfectly capture your beauty in the form of fine art.

Our studio works closely with you to emphasize and celebrate your unique beauty, and we can't wait to show you how stunning you are.

Every person has unique and captivating beauty to offer—inside and out. Whether you're sun-kissed with freckles, are a bit smaller or larger than you want to be or

have a few areas you feel self-conscious about, it doesn't matter. Drawing out the gorgeousness in each and every one of our clients is one of our greatest pleasures.

Welcome to the beginning of your intimate boudoir session, or, as we like to think of it: your pampering luxury experience. Relax, pour yourself some tea (or maybe bubbly), and let us guide you.

Thank you for trusting Dana Kae Photography for such an important and memorable experience. We know you'll love every minute of it!



xoxo,

DANA KAE

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## LOVE LETTERS FOR DANA KAE BOUDOIR

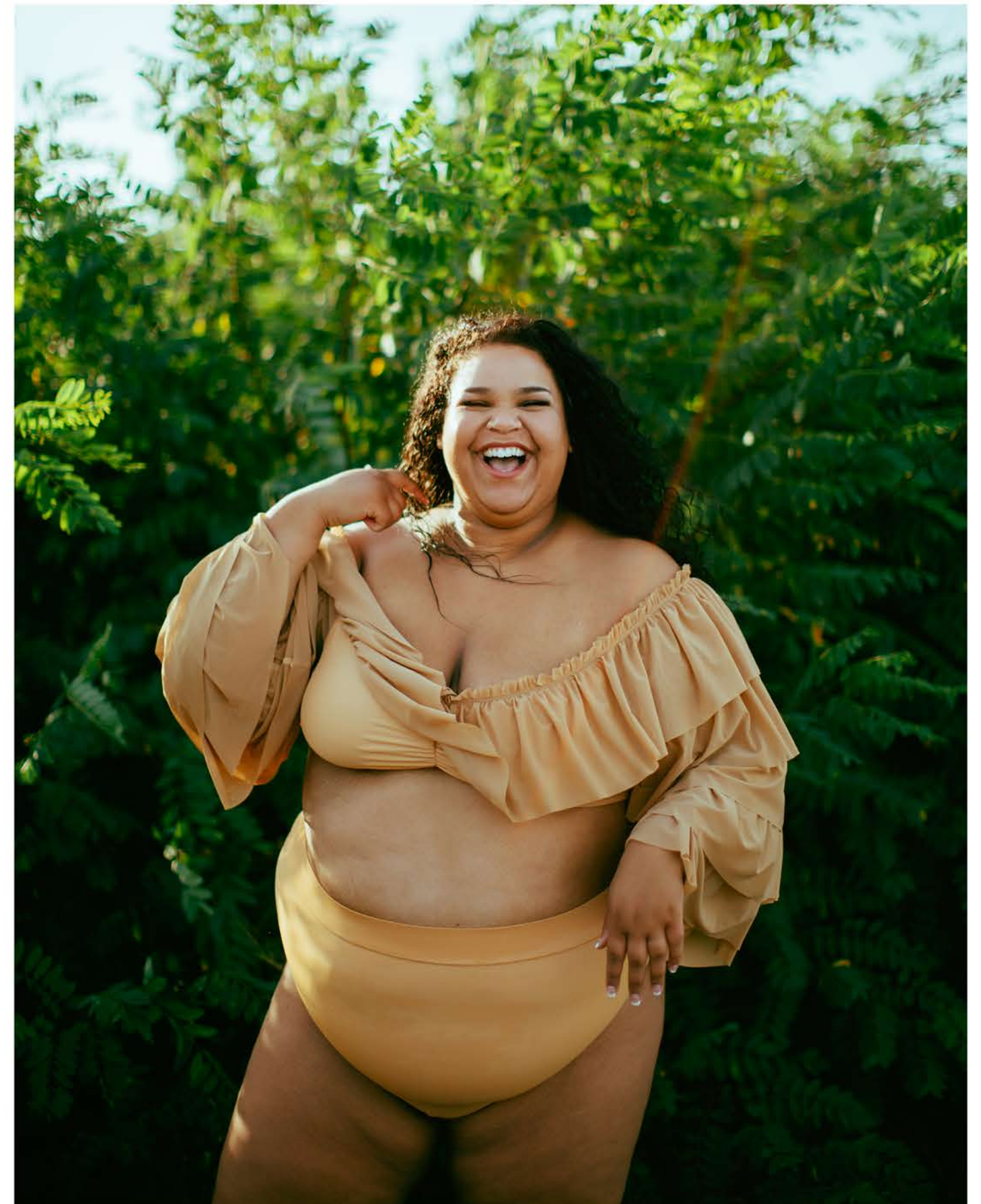
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"Don't be nervous! Dana is SO MUCH FUN and easy to work with, not to mention, you get amazing one-of-a-kind pictures. She takes time to get to know you during her pre-planning session and makes you feel 100% comfortable during the shoot. Dana even brings wine and your favorite kind of fresh flowers. How great is that!?!? I can't wait to give my boudoir book full of Dana's shots to my soon-to-be husband the night before our wedding!" —AMANDA

"As a photographer myself I was extremely picky and critical of the boudoir portfolios I was researching out there. Dana's BY FAR was the most beautiful, classy, unique, and technically well executed. The actual shoot itself went so smoothly, and after a couple glasses of champagne (she knows what she's doing:) ) the nerves were gone, and I was shocked that I was actually having FUN. And, the results were gorgeous." —KIMBERLY

Dana is punctual, professional, caring, and a gorgeous soul to work with. Everything from our initial emails, to pre-shoot meetings, up to the shoot itself was part of a whole process that promoted body love and self-affirmation. She answered every question and eased every concern. If you are on a journey to learn to love yourself, I cannot recommend more highly booking a shoot with Dana – she will rock your world and change your life!" —CARRIE

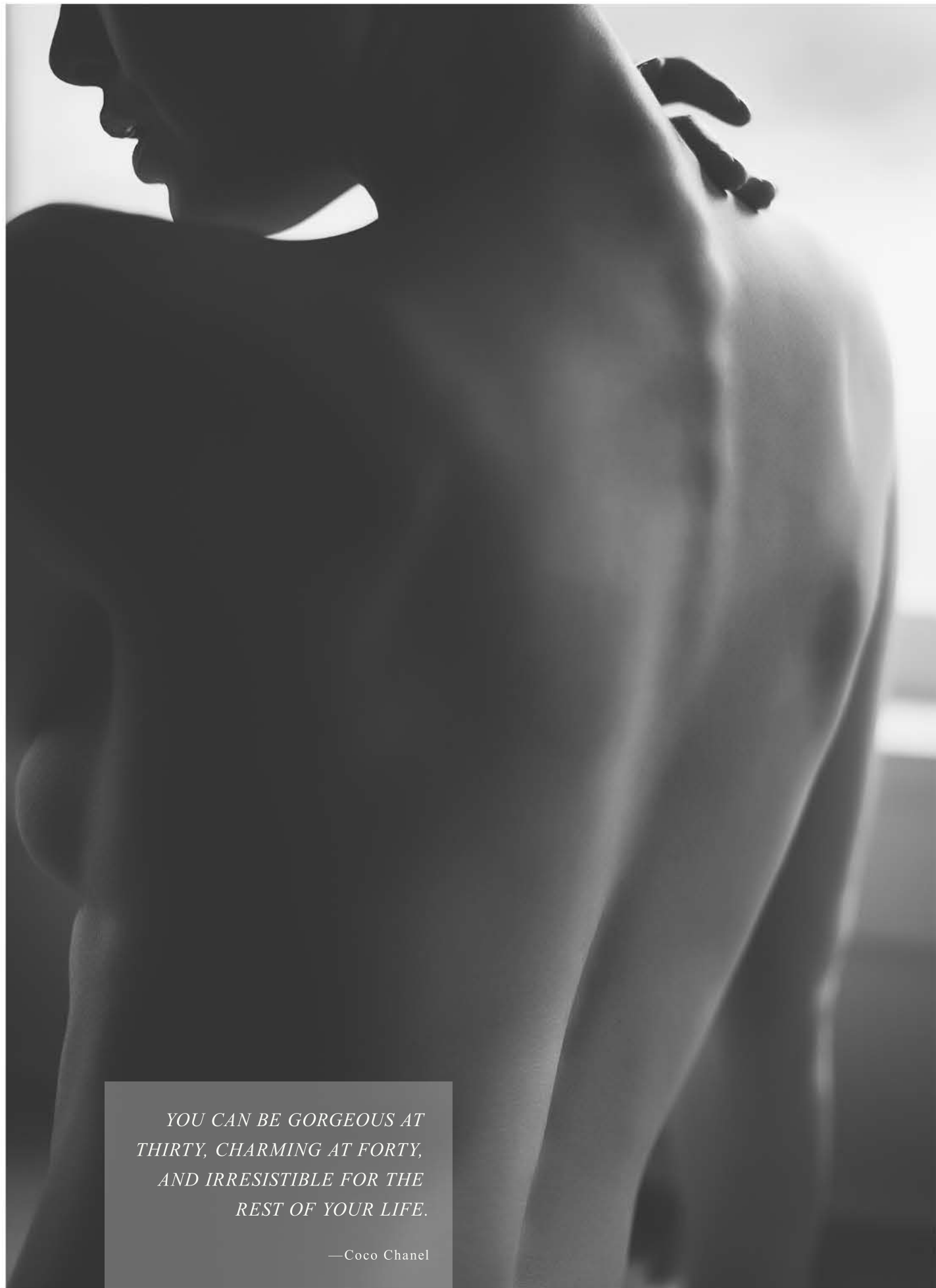
"From the very first step, you are in the best hands imaginable with Dana; she listened to my ideas, got a feel for what I was looking for, and took the time to just get me as a person. Knowing that makes it easy to relax and trust in her. Shooting with Dana now ranks among my very favorite life experiences. It has been kind of life-changing. If you're thinking about booking a shoot with Dana, don't even hesitate. You will thank yourself for years to come!!" —EMILY



NOTHING MAKES A WOMAN MORE BEAUTIFUL THAN THE BELIEF THAT SHE IS BEAUTIFUL.

—Sophia Loren





*YOU CAN BE GORGEOUS AT  
THIRTY, CHARMING AT FORTY,  
AND IRRESISTIBLE FOR THE  
REST OF YOUR LIFE.*

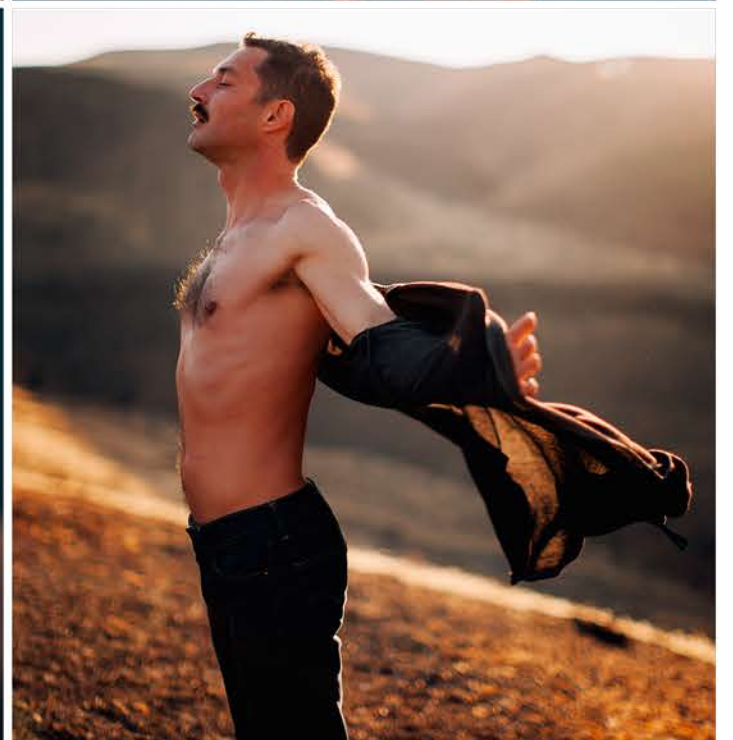
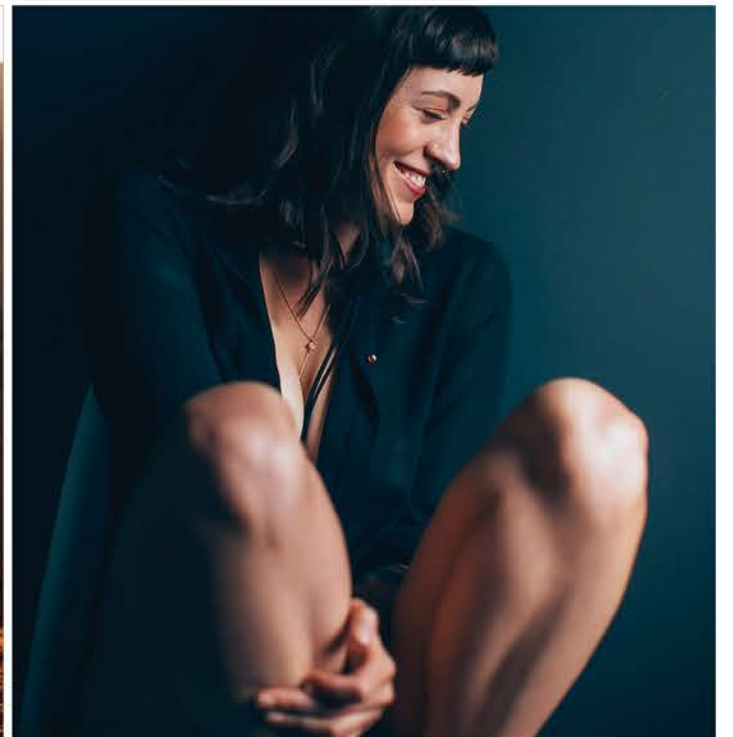
—Coco Chanel

## YOU'RE AMAZING

WE TOTALLY GET IT—donning flirty undies and strutting your stuff like it's your day job isn't necessarily something you're jumping to do. Luckily for you, this is our day job, we see every little bit of beauty you possess.

Every single person we've ever photographed has been exquisitely lovely—and the interesting thing? Each looks

completely different. No worries if you're not a supermodel (after all, who really is?); we're here to capture what makes you so irresistible and uniquely special. From posing suggestions to flattering lighting, we'll make sure you look your very best on the day of your boudoir session. We promise you'll fall in love with your images!





## CLIENT SPOTLIGHT



**A**s a soon to be bride, it was the perfect time for Ruby to feel glamorous. So, as a special treat for herself (and as a surprise for her new husband), we spent the day at his

family's cabin to get the perfect meaningful photos.

Ruby put her all into the shoot, bringing over 8 pairs of shoes and a set of lingerie to match each pair. It was EPIC. Her husband recieved the book the night before their wedding and he was incredibly thrilled. She often tells me how she catches him perusing through it at all times of the day. I say: why wouldn't he!

### RUBY'S SHOOT SCHEDULE

**8:00AM**

Drive to location

**9:00AM**

Start Hair & Makeup

**11:00AM**

Start shooting!

**1:00PM**

Break for Champagne/snacks :)

**3:00PM**

That's a wrap!

**4:00PM**

Packed up and leaving the location.

### LOCATION SUGGESTIONS

**W**hether you opt for an elegant indoor session or want a romantic and playful outdoor session, choosing the right location will ensure your photos are exactly what you imagined.



#### MY TINY HOUSE (INCLUDED):

Tried and true, I've shot in my tiny haus a million times. It's great for a variety of vibes - moody/bright/indoor/outdoor - and it's included in your session!

#### OUTDOOR (TRAVEL INCL. <50 MILES):

For a more natural editorial-style boudoir session., we would be happy to suggest the perfect outdoor location! Just remember, while outdoor shoots yield stunning results, Mother Nature loves to keep us on our toes. Come prepared with plenty of water, natural bug repellent, and a knack for rolling with the weather.

#### AIRBNB/HOTEL/STUDIOS:

A timeless option, hotel rooms are a favorite among boudoir photographers. Choose a room with plenty of windows (corner rooms are usually the best). For a more modern option, rent people's homes! Airbnbs can provide more variety, especially for those who prefer something a little different. They sometimes even include private outdoor space, something you can't often get with a hotel or a park. Another option is the many photography studio spaces Seattle has to offer if you want that blank canvas kind of vibe! I even have a list of my favorite Hotel/AirBnB/Studio locations! Ask me about it! Keep in mind, for hotels or AirBnBs you may need to book 2 nights to allow for one full day in the space.

#### AT YOUR HOME:

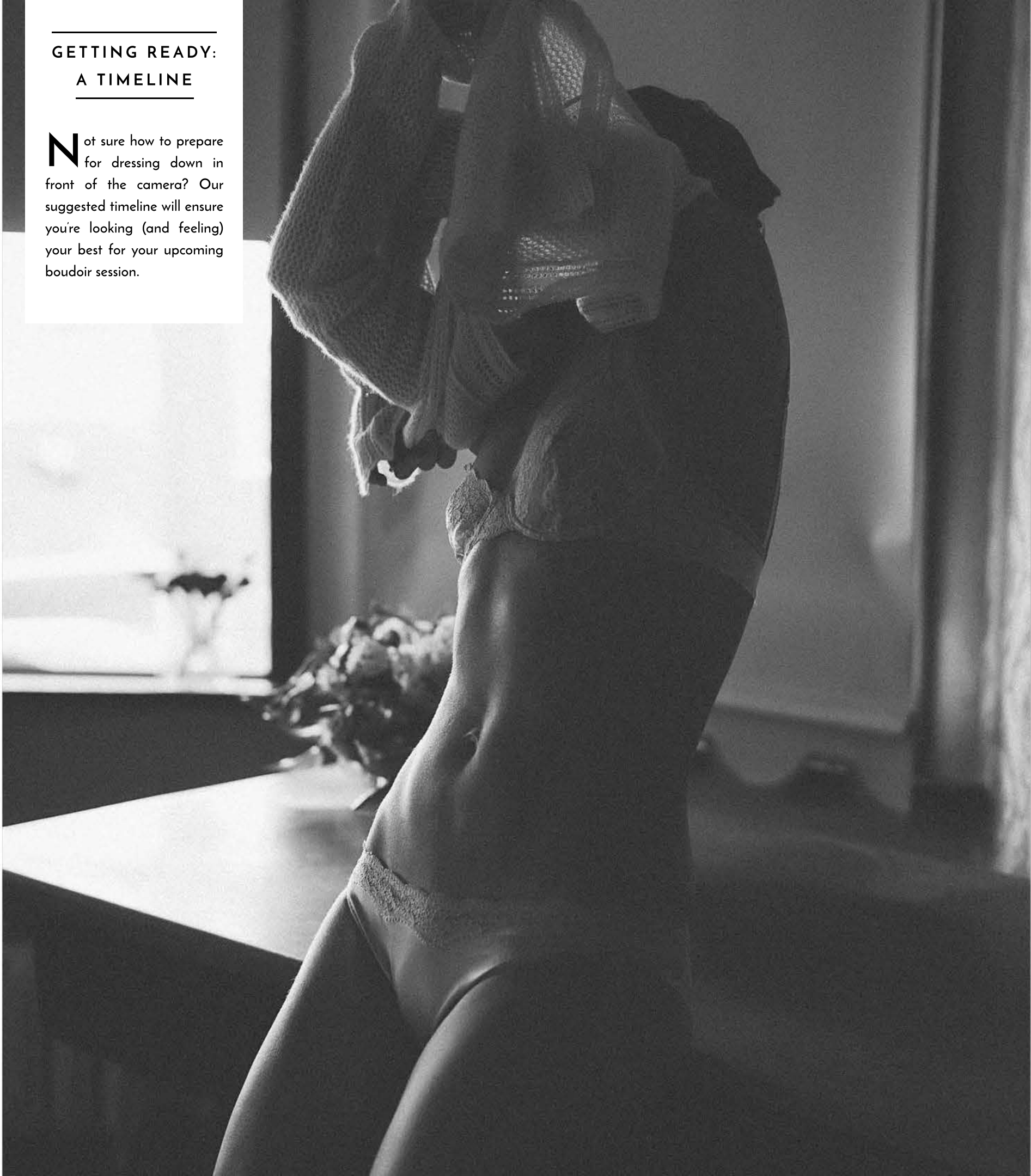
Choosing your home as your location will lend a personal and intimate touch to your photos. Plus, where else are you more at ease than in your own space? To ensure your house is ready for your session, declutter as much as possible and make sure all family members, roommates and pets have other plans for the day. Having the place to yourself makes it much easier to find your romantic and confident frame of mind!



I COULD DO IT ALL  
OVER, AGAIN AND  
AGAIN. THE TANGIBLE  
ASPECT OF THIS GIFT –  
THE SET OF PHOTOS I  
WILL CHERISH FOREVER  
– WAS MORE LIKE THE  
ICING ON THE CAKE FOR  
THE REAL GIFT SHE  
GAVE ME, WHICH WAS A  
RENEWED SENSE OF  
SELF. SHE GAVE ME THE  
GIFT OF CONFIDENCE,  
OF STRENGTH. SHE GAVE  
ME THE GIFT OF SIGHT.

—Ruby





GETTING READY:  
A TIMELINE

Not sure how to prepare for dressing down in front of the camera? Our suggested timeline will ensure you're looking (and feeling) your best for your upcoming boudoir session.

PREPARE

- Schedule your boudoir session and brainstorming session with Dana Kae Boudoir! 206-659-3298 📞
- If working out is your thing, now may be the time to take that yoga challenge you've been considering. Do what makes you feel best!

2 MONTHS

- Mark your calendar! Schedule hair, makeup, nail and/or aesthetician appointments.
- Give yourself plenty of time to shop for something that makes you feel confident and beautiful (we recommend creating a secret Pinterest inspiration board with images you find from around the Internet or from our website at danakae.com or pinterest.com/danakaephoto).
- Get a music playlist together!

1 MONTH

- Start to gather items for the session that have personal meaning to you.

- Get waxed (bikini, lip, brow—whatever your normal routine is) a few days prior to your session to make sure any redness or irritation has subsided.
- Stay out of the sun. For a nice glow, consider a natural spray tan. If you've never had one before, perform a trial run a few weeks beforehand.
- Try on outfits and narrow down your wardrobe selection.
- If you're trying out a new hairstyle or color, give yourself a few days to adjust and to make any changes if needed.

3-5 DAYS

- Drink lots of water for radiant skin.
- Sweat it out — get that last workout in (but take it easy).
- Treat yourself to a manicure and pedicure. Scrub those feet!
- Take a long bubble bath to relax. Listen to calming music.
- Try on all outfits and accessories to make doubly sure everything fits well. Remove all tags. Steam, hang and pack.
- **Moisturize your skin all over before bedtime.**

DAY BEFORE

- **Most important of all - get a good night's sleep!**

- Drink plenty of water (again).
- Use a clear deodorant.
- Have your hair styled and makeup done.
- **Wear comfortable clothing prior to arrival at the location to avoid lines or marks on the skin.**
- Eat something light but filling - bring snacks if you need them.
- Upon your arrival at the Tiny Haus we'll provide you with your beverage choice: water, tea, or a little bubbly to soothe those nerves! If your shoot is on-location then Dana will bring a little bottle of bubbly for you :)

DAY OF



WHAT TO WEAR

What’s on the outside should reflect inside, so the most important guideline for choosing what to wear during your session is to pick something you feel confident in. Choose options ranging from sassy lingerie to his button down shirt and cuff links. If you’re feeling extra brave, you can opt to wear nothing at all for “implied nude” photos! We will capture tasteful, coy and flattering poses. Whatever you choose, we want you to feel beautiful and confident. Staying true to yourself is the most beautiful look of all!



**NATALIA PAIRED A CLASSIC BODYSUIT WITH SNEAKERS AND A CROPPED SWEATER**  
Wearing layers helps us tell story and adds variety to the shoot



**NATALIE WEARS A BEAUTIFUL SHEER BRA WITH RIPPED JEANS**  
Mixing lingerie and regular clothes allows you to show off your unique personality



## VENDORS WE LOVE

### BELLEFLEUR LINGERIE

The ladies at Bellefleur have a great eye for the colors and styles of lingerie which best enhance your natural beauty. Mention Dana Kae Boudoir for 10% off your purchase.

3504 Fremont Pl N | 206.545.0222 | [bellefleurlingerie.com](http://bellefleurlingerie.com)

### SALUA LINGERIE

Treat yourself to this one-of-a kind handmade lingerie. Their fabrics and designs are like no other and they take custom orders for colors and sizes. They are a must stop for sheer anything.

1406 34th Ave | 206.774.9976 | [salualingerie.com](http://salualingerie.com)

### FLOWER LAB

A whiz at the market, Flower Lab can find almost any flower you desire. Make sure you have the perfect arrangement by calling a week in advance of the shoot.

2600 California Ave SW | 206.935.2587 | [seattleflowerlab.com](http://seattleflowerlab.com)

### KATYA GUDAEVA

A talented makeup and hair artist, Katya is dedicated to non-toxic skin-friendly beauty products. She is happy to travel to you and can do your makeup on location or wherever you're getting ready.

<http://www.katyagudaeva.com/>

Note: We can add on hair and makeup services to any package, but you're more than welcome to work with your own, preferred stylists.

## POSING GUIDE

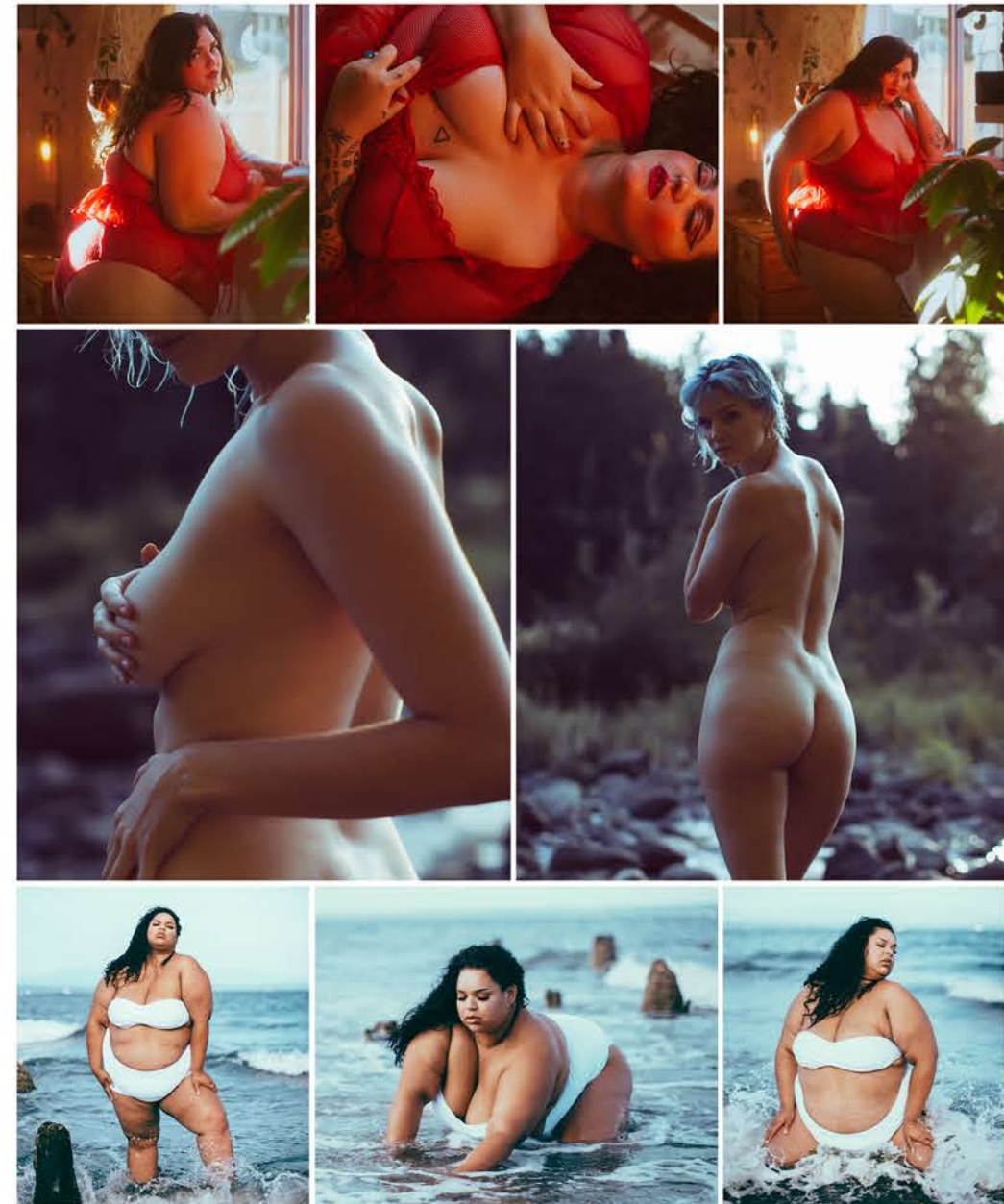
No matter how fantastic you look and feel, posing while the camera clicks away might feel a bit unnatural at first. While mood music (and a little bubbly) can help shake those butterflies, we've found it also helps to practice a few of your favorite poses at home before your session to make you feel more comfortable once your

big day arrives. We recommend being inspired by ads from your favorite fashion magazines and websites. Still feeling camera shy? We have plenty of flattering poses in our repertoire to help boost your confidence and allow your photogenic self to shine!

### PRO TIPS

- Your face, neck, shoulders, ankles and hands carry the most tension. Do your best to relax them.
- If you don't know what to do with your hands, touch your face or body, or lightly hold onto your necklace or clothing.
- Let your eyes follow the line of your nose. Look with your whole head, not just your eyes.
- Elongate your neck.
- A few weeks before your boudoir shoot, keep an eye on Pinterest or flip through magazines for some favorite, flattering pose ideas. Don't think about it too much — we'll be there to help!
- Have fun and experiment! Don't be afraid to try out a pose; we're here to support you.
- Don't forget to laugh. While a smoldering gaze is nice in moderation, your real personality should always shine through the femme fatale.

**\*BEFORE YOUR BOUDOIR SESSION, TRY ANY OR ALL OF THESE POSES IN THE MIRROR AT HOME**







PEOPLE OFTEN SAY  
THAT BEAUTY IS IN  
THE EYE OF THE  
BEHOLDER, AND I  
SAY THAT THE MOST  
LIBERATING THING  
ABOUT BEAUTY IS  
REALIZING YOU ARE  
THE BEHOLDER.

—Salma Hayek

## PACKAGES

### 2 HOURS/ 2-3 LOOKS – \$1175

This session includes a consultation & tons of coaching, professional retouching, 100+ high resolution digital downloads, and an online gallery + mobile album app, and champagne!

### 3 HOURS/ 3-5 LOOKS – \$1375

This session includes a consultation & tons of coaching, professional retouching, 150+ high resolution digital downloads, and an online gallery + mobile album app, and champagne!

### 4 HOURS/ 4-6 LOOKS – \$1875

This session includes a consultation & tons of coaching, professional retouching, 200+ high resolution digital downloads, and an online gallery + mobile album app, and champagne!

## SEXY SOLOS

Choose from our various a la carte options...

- Professional Hair & Makeup - \$300
- Male Grooming - \$150
- Location Scouting - \$300+
- Fine Art Giclée Prints - Starting at \$15
- Framing, Glass & Metal Prints - Starting at \$50
- Albums & Portfolio Boxes - Starting at \$300

### A NOTE ON RETOUCHING

*We happily offer basic retouching on all our photos, which includes smoothing out an area of uneven skin tone or removing a stray hair. We do not, however, provide any body sculpting or more extensive forms of retouching. You simply don't need it!*

## BRIDAL BOUDOIR

**R**est assured, your groom isn't going to forget this gift anytime soon! Pre-wedding boudoir sessions not only capture the excitement and anticipation of your big day in a way, it's the perfect way to make that wedding night together even more memorable.

REMINDER: ALBUMS REQUIRE 4-6 WEEKS TO PROCESS AND DEVELOP, SO  
PLEASE PLAN ACCORDINGLY FOR YOUR WEDDING DAY GIFT.

### WHAT TO BRING:

- Engagement or wedding band
- Wedding veil or hair accessory
- Honeymoon lingerie, garter and nylons
- Wedding jewelry
- Anything sentimental he has given you, like a necklace or even a meaningful T-shirt

**50% NONREFUNABLE BOOKING FEE WILL BE REQUIRED UPON BOOKING.  
TRAVEL BEYOND 50 MILES IS NOT INCLUDED.  
DANA KAE BOUDOIR REQUIRES A 14 DAY NOTICE OF CANCELLATION.**





*"Beauty inspires Dana to do her work, and she sees beauty in every person, with no exceptions. Her portraits are her little love letters to the people she shoots. That's the message clearly conveyed in her work. She's an artist."*

— KAYE

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